**September 9, 2018 Sermon and Community Group Notes**

1. **Introduction: Ephesians Sermon Series**

* Read Ephesians 1:1–2
* What are some basic facts about the book of Ephesians? (The Who? What? When? Where? Why?)
* What is the purpose of this study and what do you hope to get out of it?

1. **7 Spiritual Blessings 1 (Ephesians 1:3-14)**

* Read Ephesians 1:3–14
* Where do we see the Trinity in Ephesians 1:3–14?
* What are the 7 Spiritual Blessings in Ephesians 1:3–14? (summary)
* What does it mean that we are Chosen in Ephesians 1:4?
  + Supporting Scriptures:

**Exodus 19:5** *Now therefore, if you will indeed obey my voice and keep my covenant, you shall be my treasured possession among all peoples, for all the earth is mine*

**1 Peter 2:9** *you are a chosen people, a royal priesthood, a holy nation, God's special possession*

* What does it mean that we are Adopted in Ephesians 1:5?
  + Supporting Scriptures:

**John 1:12-13** *But to all who did receive him, who believed in his name, he gave the right to become children of God, (13) who were born, not of blood nor of the will of the flesh nor of the will of man, but of God.*

**Romans 8:16** *The Spirit himself bears witness with our spirit that we are children of God*

**Conclusion:**

* What do these Spiritual Blessings mean to YOU?

How do these spiritual blessings affect…

* + Your life?
  + Your relationship with God?
  + Your view of yourself?