**November 25, 2018 Sermon and Community Group Notes**

**Out with the Old, In with the New…**

1. **On the Inside (Ephesians 4:22–24)**

* Supporting Scriptures Used: Romans 6:4–11; 12:2; John 17:17

1. **Put \_\_\_\_\_\_ the \_\_\_\_\_\_ self (4:22)**
2. **Be \_\_\_\_\_\_\_\_\_ in your \_\_\_\_\_\_ (4:23)**
3. **Put \_\_\_\_\_\_ the \_\_\_\_\_\_ self (4:24)**

* What does it mean that these 3 commands are spiritual realities that have already taken place at conversion, yet need to be worked out in our daily experience?
* What does it mean to renew our minds? How do we do this on a daily basis?

**Application Questions:**

* Salvation: Have you made a decision to turn from your old life and turn to Christ, living a new life for Him?
* Sanctification: As a Christian, how are you doing in putting off the old self and putting on the new in your everyday life?
* Renewal: is your mind/thinking being continually renewed by the truth of God’s word? Regular Bible study, reflection, prayer, etc.

**Out with the Old, In with the New…**

1. **On the Outside (Ephesians 4:25–32)**

* Supporting Scriptures Used: Matthew 18:15; 5:23-24; 2 Thessalonians 3:10-12; Ephesians 1:13-14
  1. **\_\_\_\_\_\_\_\_\_\_ (4:25)**
* Put off: \_\_\_\_\_\_\_\_\_\_\_\_
* Put on: \_\_\_\_\_\_\_\_\_\_\_\_
* Why? \_\_\_\_\_\_\_\_\_\_\_\_
  1. **\_\_\_\_\_\_\_\_\_\_ (4:26-27)**
* Put off: \_\_\_\_\_\_\_\_\_\_\_\_
* Put on: \_\_\_\_\_\_\_\_\_\_\_\_
* Why? \_\_\_\_\_\_\_\_\_\_\_\_
  1. **\_\_\_\_\_\_\_\_\_\_ (4:28)**
* Put off: \_\_\_\_\_\_\_\_\_\_\_\_
* Put on: \_\_\_\_\_\_\_\_\_\_\_\_
* Why? \_\_\_\_\_\_\_\_\_\_\_\_
  1. **\_\_\_\_\_\_\_\_\_\_ (4:29–30)**
* Put off: \_\_\_\_\_\_\_\_\_\_\_\_
* Put on: \_\_\_\_\_\_\_\_\_\_\_\_
* Why? \_\_\_\_\_\_\_\_\_\_\_\_
  1. **\_\_\_\_\_\_\_\_\_\_ (4:31–32)**
* Put off: \_\_\_\_\_\_\_\_\_\_\_\_
* Put on: \_\_\_\_\_\_\_\_\_\_\_\_
* Why? \_\_\_\_\_\_\_\_\_\_\_\_

**Application Questions:**

* Honesty: What are the lies that you need to confess to God and confess to others? Will you choose instead to tell the truth?
* Anger: How do you manage your anger? Do you deal promptly with conflicts when they occur, or do you allow anger to remain for long periods of time in your heart?
* Unforgiveness: Have you given the devil any ground in your heart through unforgiveness? Who do you need to forgive?
* Work/Wallet: Are you working hard to provide for your needs or taking advantage of others’ kindness? Do you give generously to those in need?
* Speech: What worthless words do you need to ask God forgiveness for? How have you used your tongue to tear others down rather than build them up? How can your speech become more gracious, encouraging others and ministering to their needs?
* Grieve: Is there any thought, word or behavior of yours that is grieving the Holy Spirit? Will you confess these to God right now?
* Bitterness, Angry outbursts: Is there any bitterness in your heart? What about anger, wrath or malice? Will you confess these to God and be freed from them?
* Kindness/Forgiveness: How can you be more “kind and tenderhearted” towards others? Is there anyone you need to forgive? Since God has forgiven you, will you choose to forgive that person(s)?